

# My US State Study



By \_\_\_\_\_

This notebook has been prepared by Paige Hudson. It has been set up for easy duplex (double-sided) printing. To see the full post about how we used this notebook, visit:

<http://elementalblogging.com/us-state-study-homeschoolers-revisited>

If you would like to share this with your friends, please direct them to the above post so that they can download their own copy.

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# The Northeast





State Motto

State Flag

State Capital

State Abbreviation

State Nickname

State Location



Interesting Facts I Learned  
About this State

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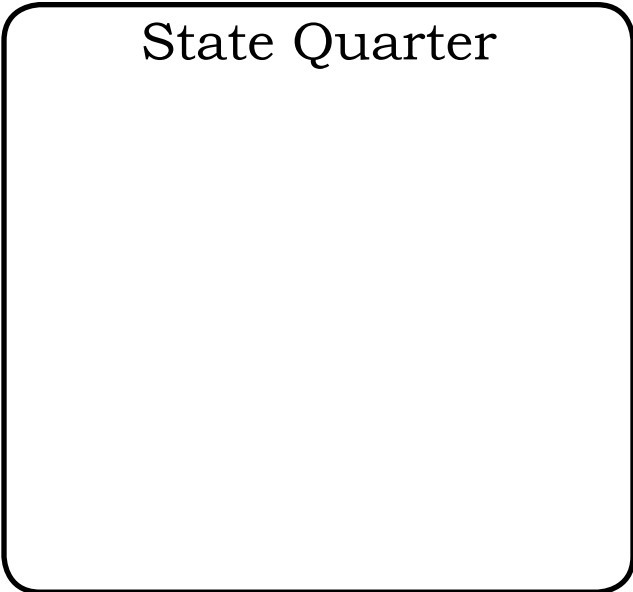
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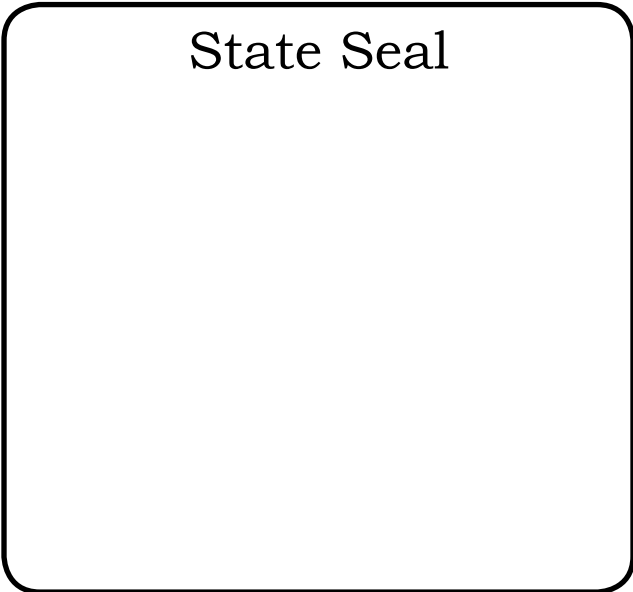
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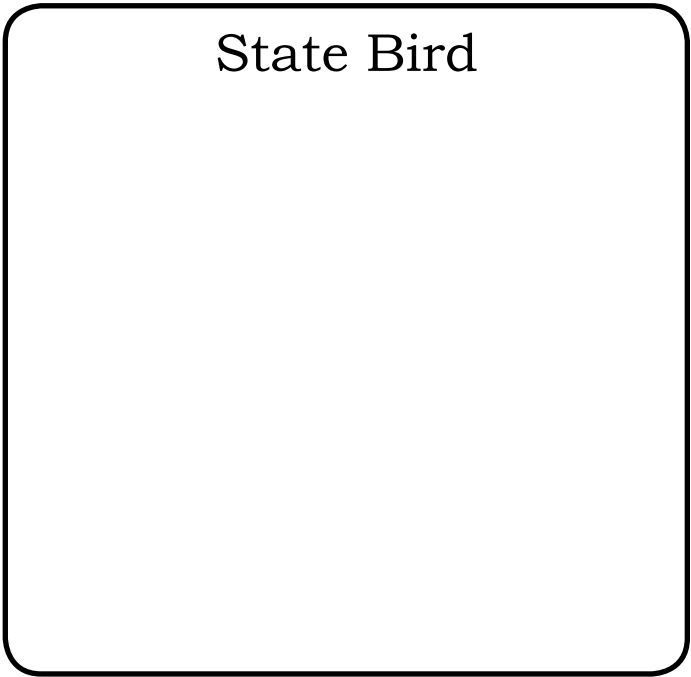
State Quarter



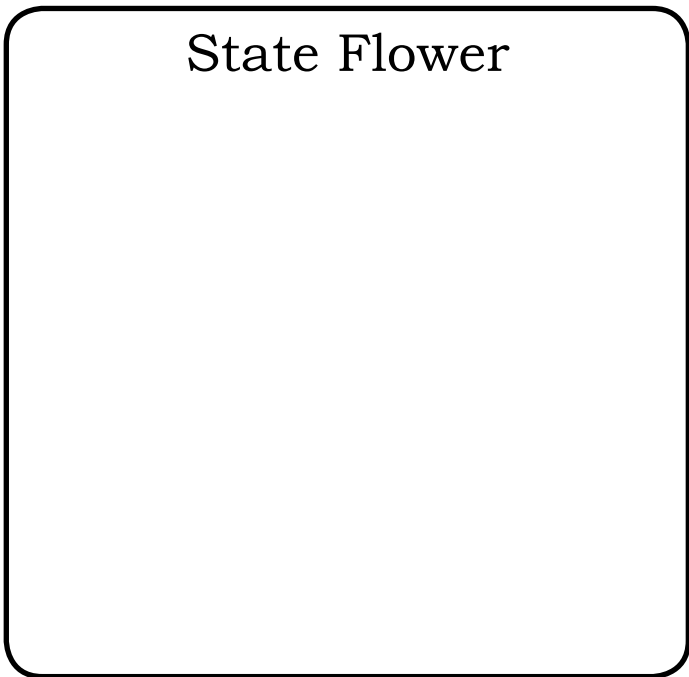
State Seal



State Bird



State Flower





State Motto

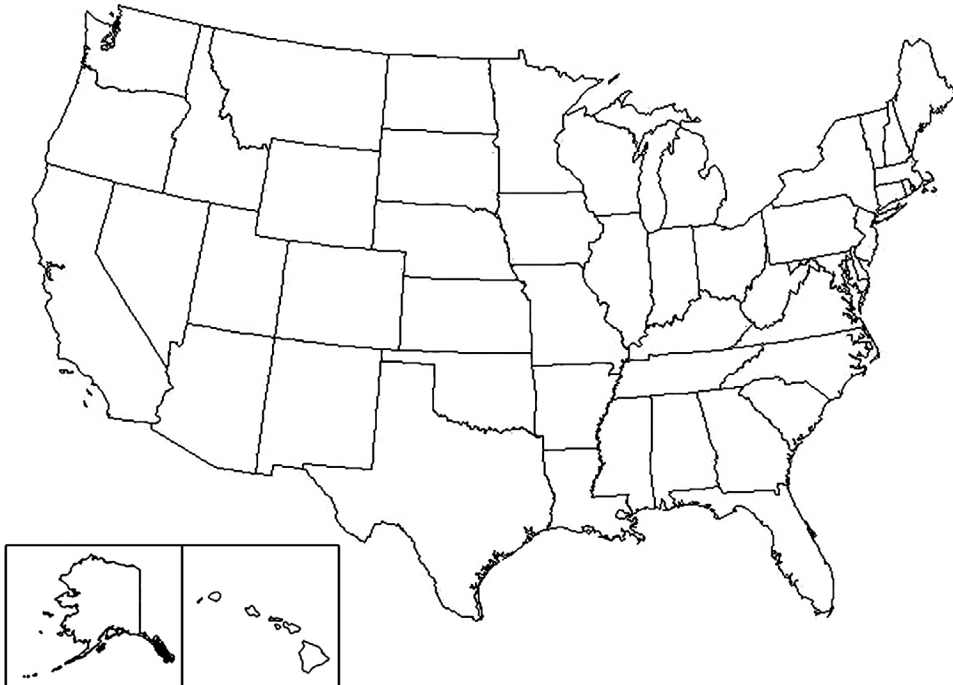
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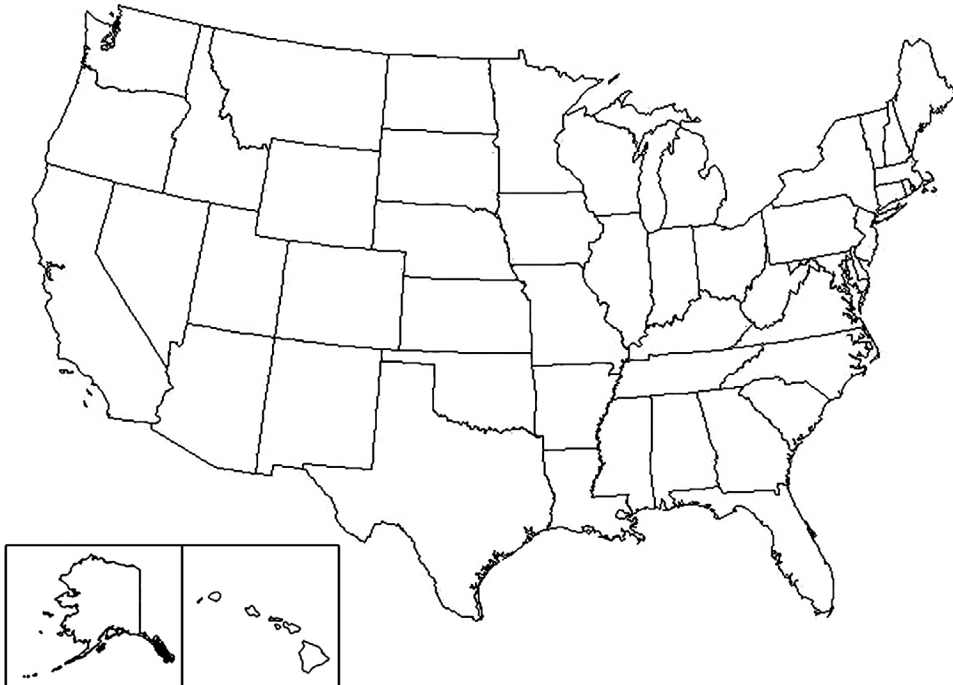
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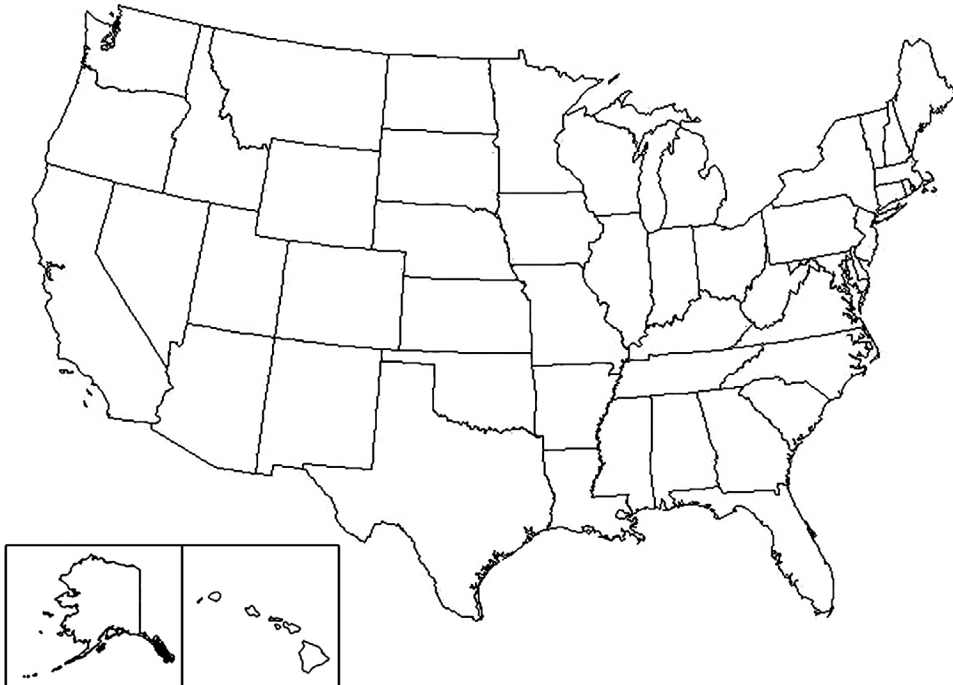
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State Quarter

State Seal

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State Flower

# Northeast States Quiz

Match the state with its capital city.

- |                  |            |
|------------------|------------|
| 1. Maine         | Montpelier |
| 2. New Hampshire | Albany     |
| 3. Vermont       | Augustus   |
| 4. New York      | Concord    |
| 5. Massachusetts | Hartford   |
| 6. Connecticut   | Dover      |
| 7. Rhode Island  | Boston     |
| 8. New Jersey    | Harrisburg |
| 9. Pennsylvania  | Providence |
| 10. Maryland     | Trenton    |
| 11. Delaware     | Annapolis  |

Write the state's name for the abbreviation given.

ME \_\_\_\_\_

NJ \_\_\_\_\_

NH \_\_\_\_\_

VT \_\_\_\_\_

MD \_\_\_\_\_

MA \_\_\_\_\_

CT \_\_\_\_\_

DE \_\_\_\_\_

RI \_\_\_\_\_

PA \_\_\_\_\_

NY \_\_\_\_\_

Label the map with the state abbreviations.





# The Southeast





State Motto

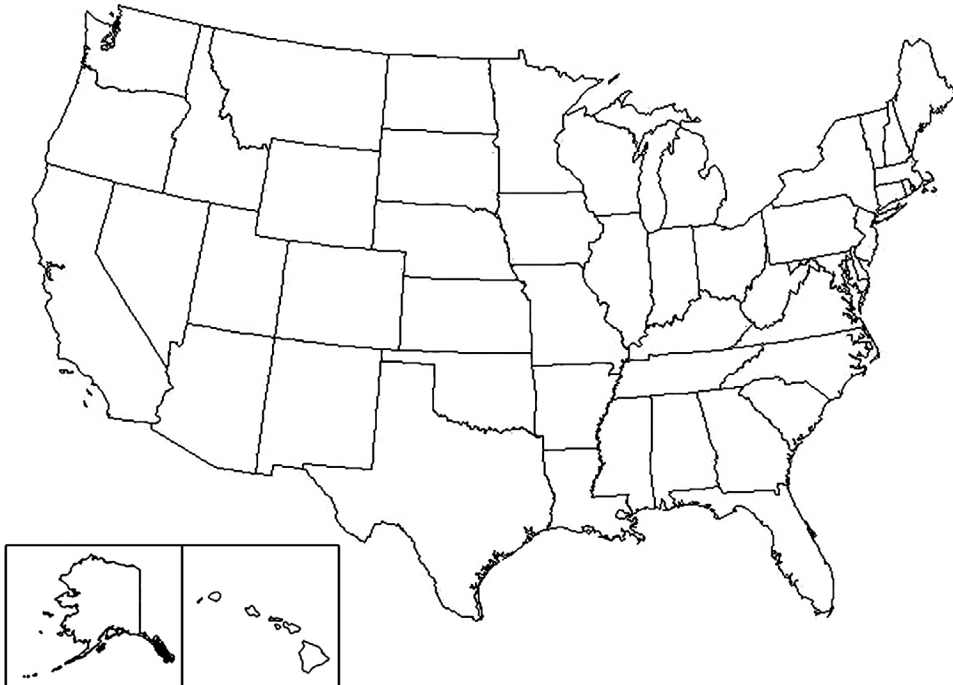
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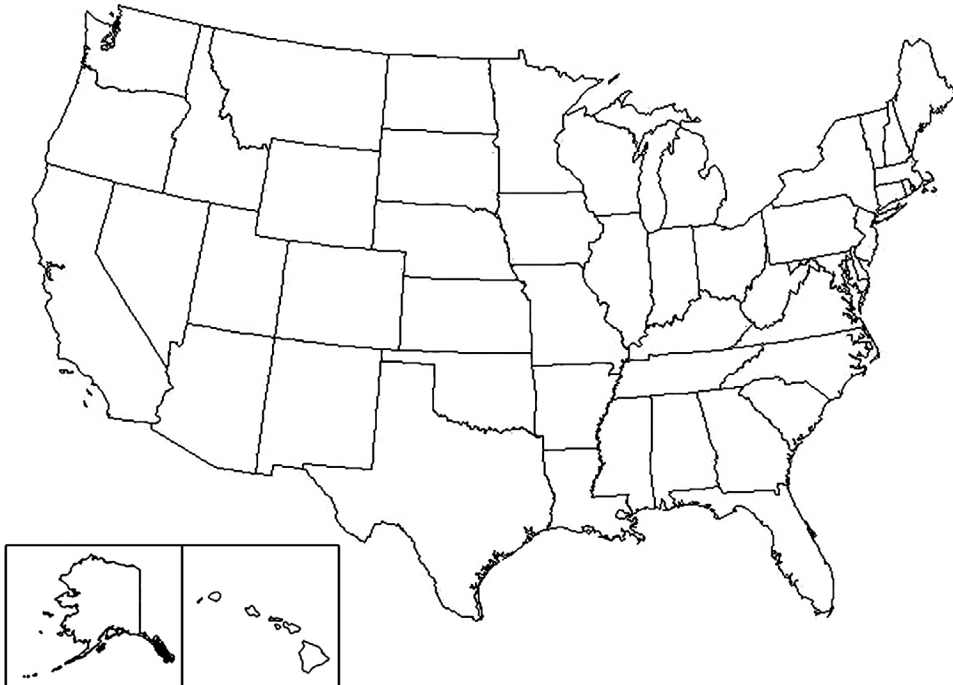
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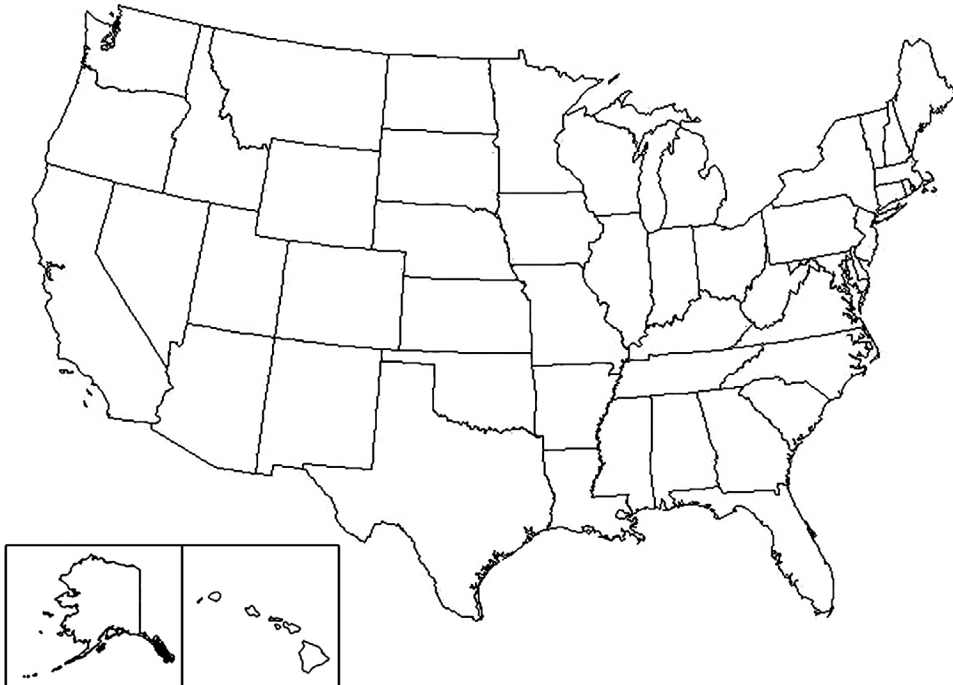
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State Quarter

State Seal

State Bird

State Flower

# Southeast States Quiz

Match the state with its capital city.

- |                   |             |
|-------------------|-------------|
| 1. Virginia       | Columbia    |
| 2. West Virginia  | Frankfort   |
| 3. Kentucky       | Richmond    |
| 4. Tennessee      | Raleigh     |
| 5. North Carolina | Nashville   |
| 6. South Carolina | Charleston  |
| 7. Georgia        | Little Rock |
| 8. Alabama        | Tallahassee |
| 9. Mississippi    | Montgomery  |
| 10. Arkansas      | Atlanta     |
| 11. Louisiana     | Jackson     |
| 12. Florida       | Baton Rouge |

Write the state's name for the abbreviation given.

GA \_\_\_\_\_

NC \_\_\_\_\_

KY \_\_\_\_\_

WV \_\_\_\_\_

SC \_\_\_\_\_

VA \_\_\_\_\_

LA \_\_\_\_\_

FL \_\_\_\_\_

AL \_\_\_\_\_

MS \_\_\_\_\_

AR \_\_\_\_\_

TN \_\_\_\_\_

Label the map with the state abbreviations.







# The Midwest





State Motto

State Flag

State Capital

State Abbreviation

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State Location



Interesting Facts I Learned  
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State Quarter

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Interesting Facts I Learned  
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State Quarter

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State Motto

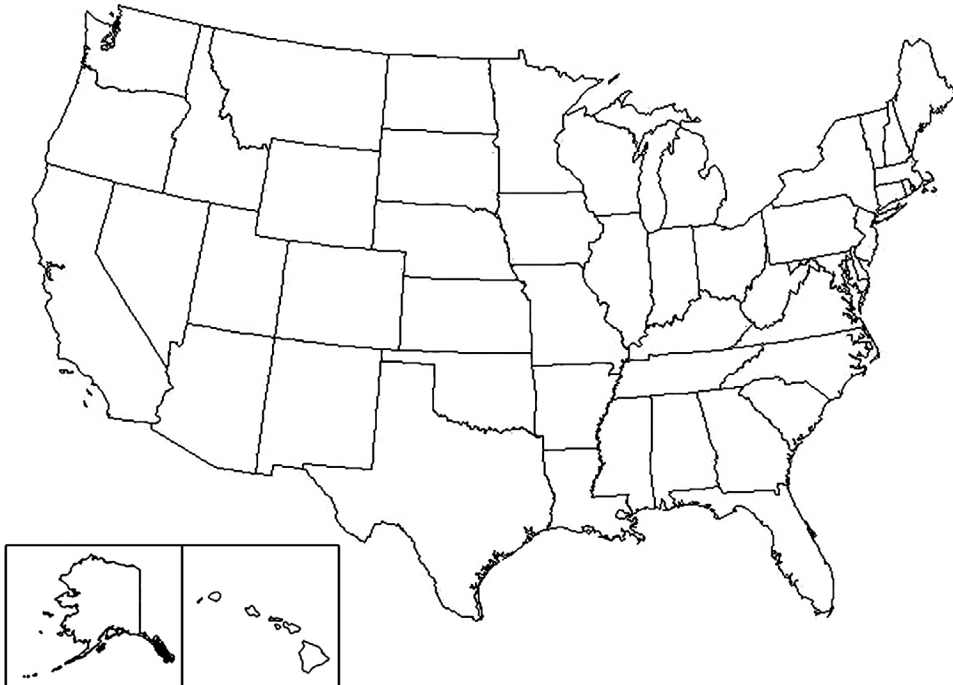
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Interesting Facts I Learned  
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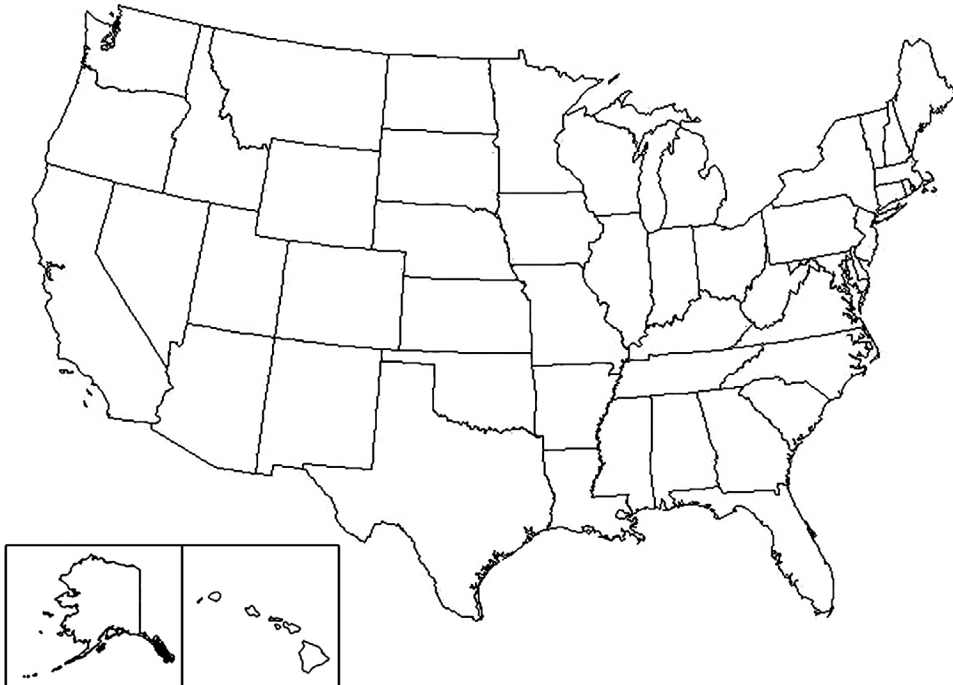
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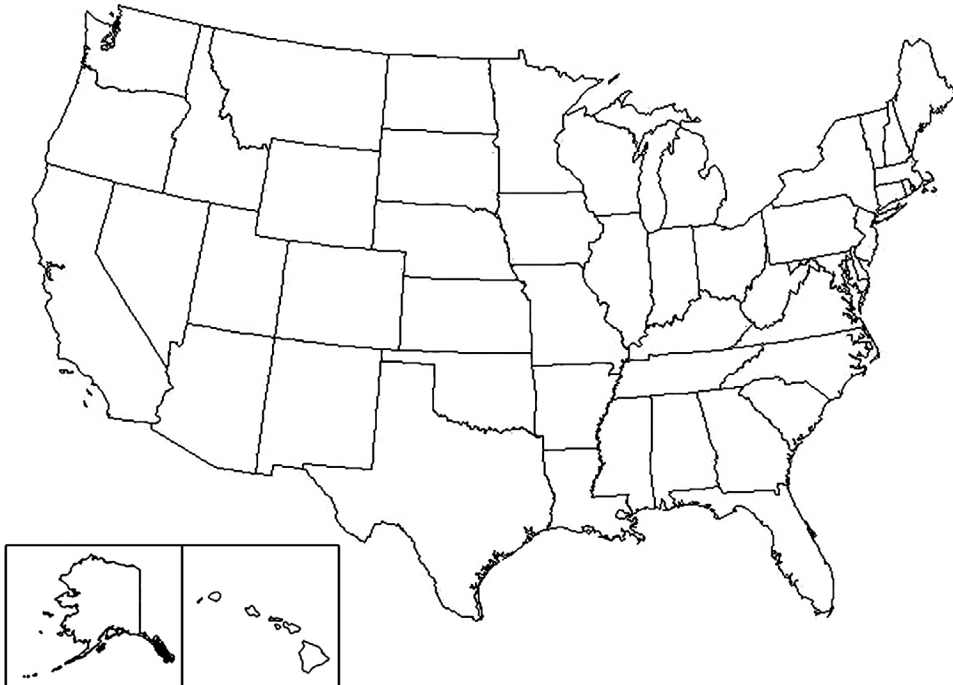
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State Quarter

State Seal

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# Midwest States Quiz

Match the state with its capital city.

- |                  |                |
|------------------|----------------|
| 1. Ohio          | Columbus       |
| 2. Michigan      | Lansing        |
| 3. Indiana       | Indianapolis   |
| 4. Illinois      | Springfield    |
| 5. Missouri      | Jefferson City |
| 6. Kansas        | Topeka         |
| 7. Nebraska      | Lincoln        |
| 8. Iowa          | Des Moines     |
| 9. Wisconsin     | Madison        |
| 10. Missouri     | St. Paul       |
| 11. South Dakota | Pierre         |
| 12. North Dakota | Bismarck       |

Write the state's name for the abbreviation given.

IN \_\_\_\_\_

WI \_\_\_\_\_

IA \_\_\_\_\_

IL \_\_\_\_\_

NE \_\_\_\_\_

MI \_\_\_\_\_

SD \_\_\_\_\_

IN \_\_\_\_\_

MO \_\_\_\_\_

ND \_\_\_\_\_

OH \_\_\_\_\_

KS \_\_\_\_\_

Label the map with the state abbreviations.





# The West





State Motto

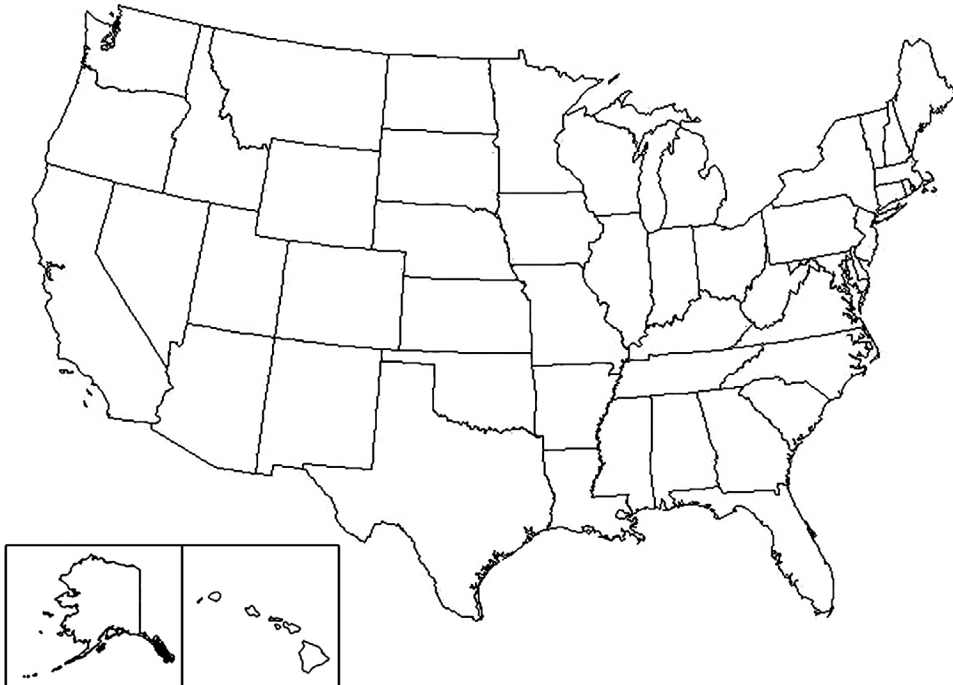
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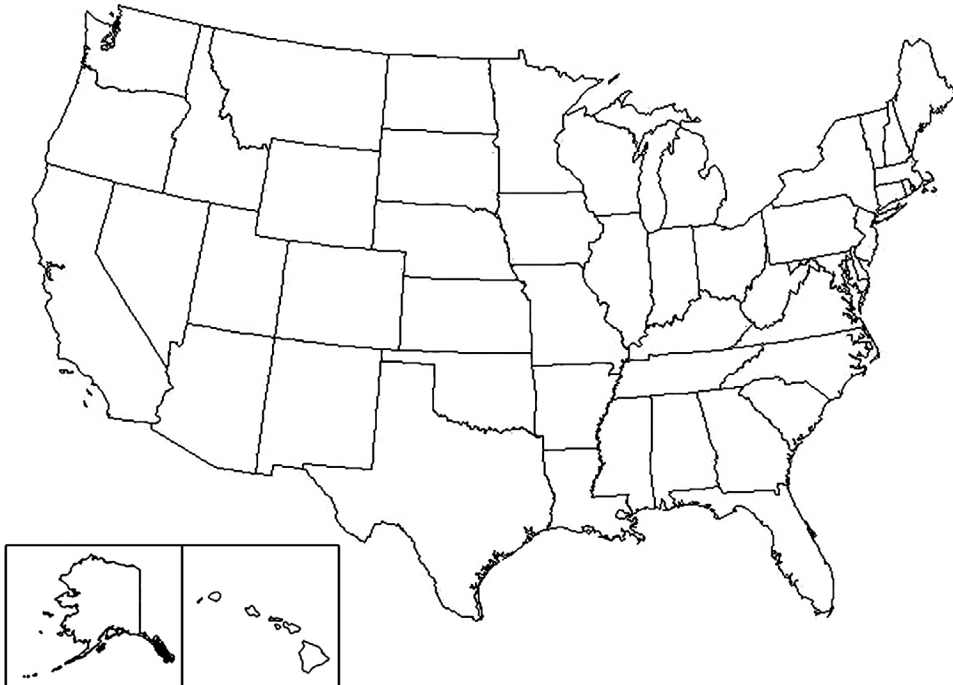
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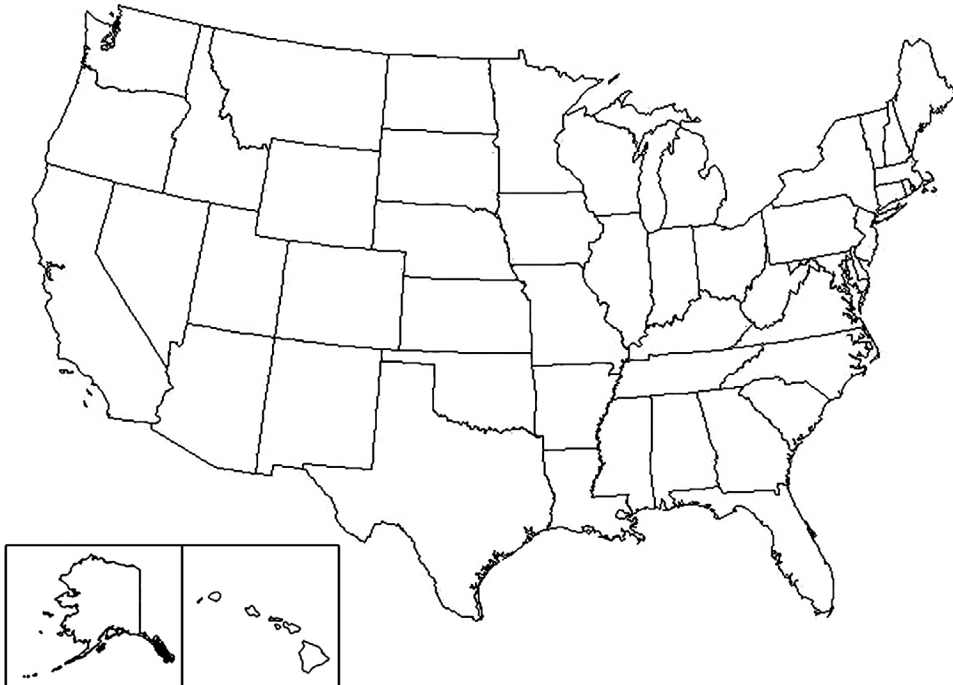
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State Quarter

State Seal

State Bird

State Flower

# The West States Quiz

Match the state with its capital city.

- |               |                |
|---------------|----------------|
| 1. Montana    | Salem          |
| 2. Idaho      | Cheyenne       |
| 3. Washington | Carson City    |
| 4. Oregon     | Helena         |
| 5. California | Olympia        |
| 6. Nevada     | Denver         |
| 7. Utah       | Boise          |
| 8. Wyoming    | Sacramento     |
| 9. Colorado   | Salt Lake City |

Write the state's name for the abbreviation given.

CA \_\_\_\_\_

MT \_\_\_\_\_

UT \_\_\_\_\_

CO \_\_\_\_\_

NV \_\_\_\_\_

WY \_\_\_\_\_



WA \_\_\_\_\_

OR \_\_\_\_\_

ID \_\_\_\_\_

Label the map with the state abbreviations.





# The Southwest and Beyond





State Motto

State Flag

State Capital

State Abbreviation

State Nickname

State Location



Interesting Facts I Learned  
About this State

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State Quarter

State Seal

State Bird

State Flower



State Motto

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State Flag

State Capital

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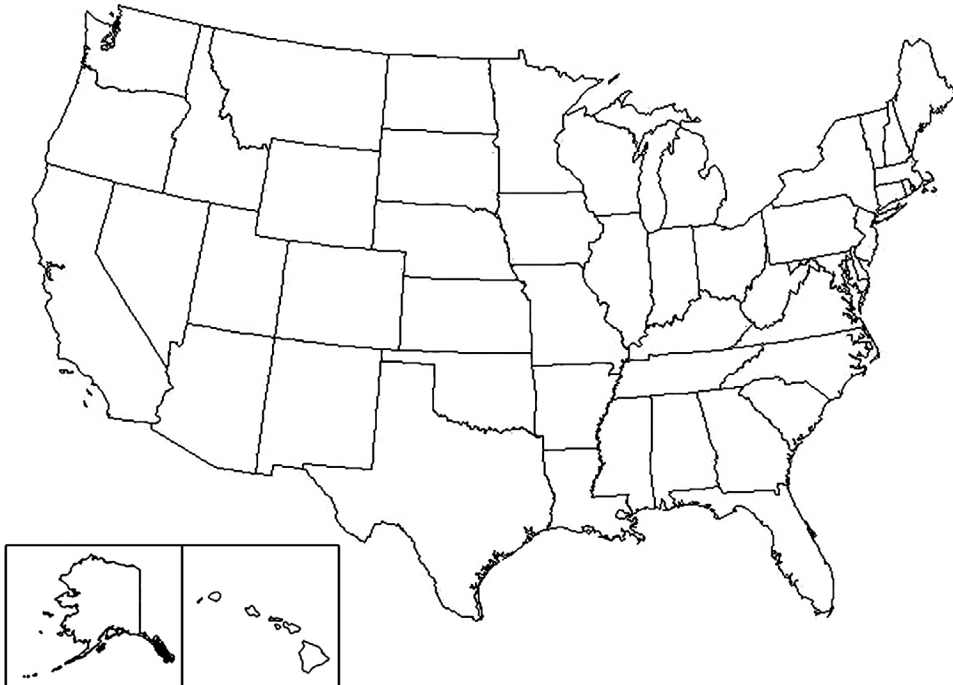
State Abbreviation

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State Nickname

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State Location



Interesting Facts I Learned  
About this State

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State Quarter

State Seal

State Bird

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State Motto

State Flag

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State Abbreviation

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State Location





Interesting Facts I Learned  
About this State

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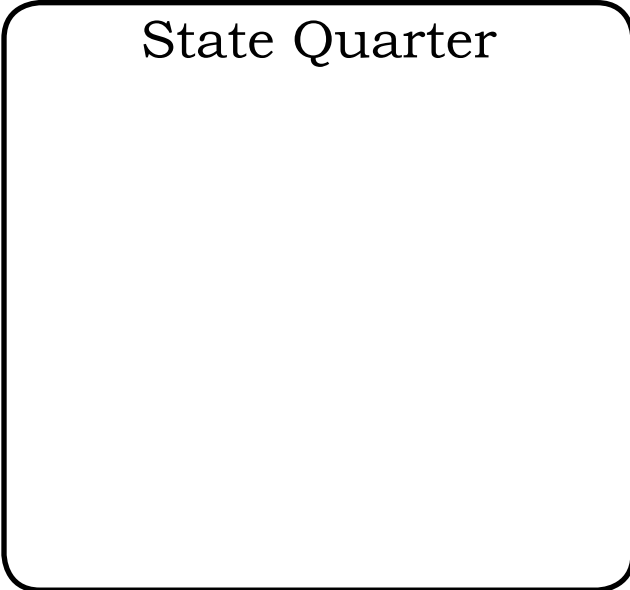
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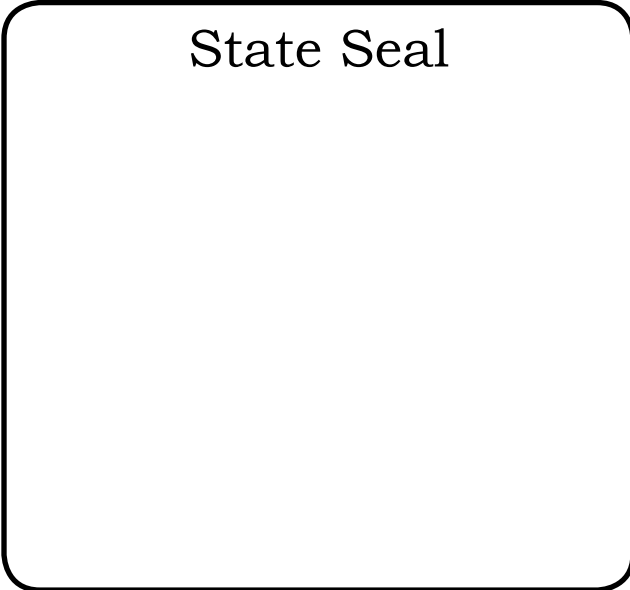
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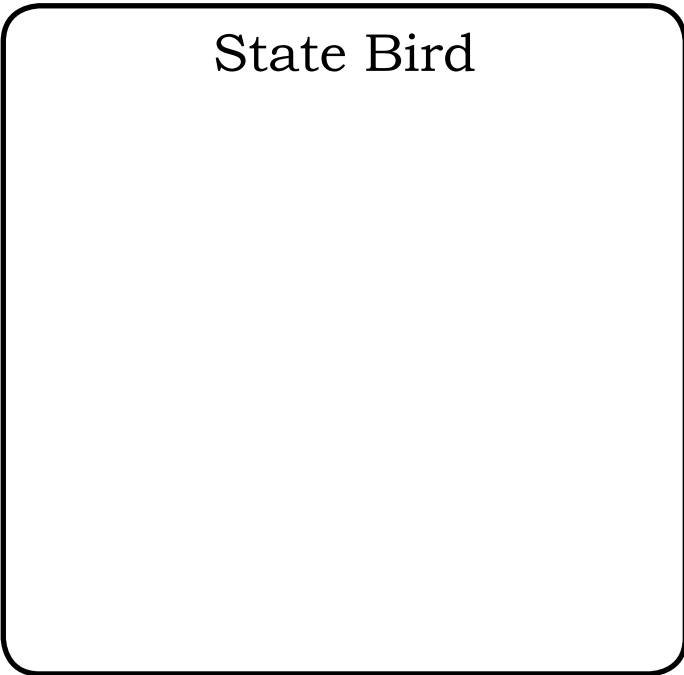
State Quarter



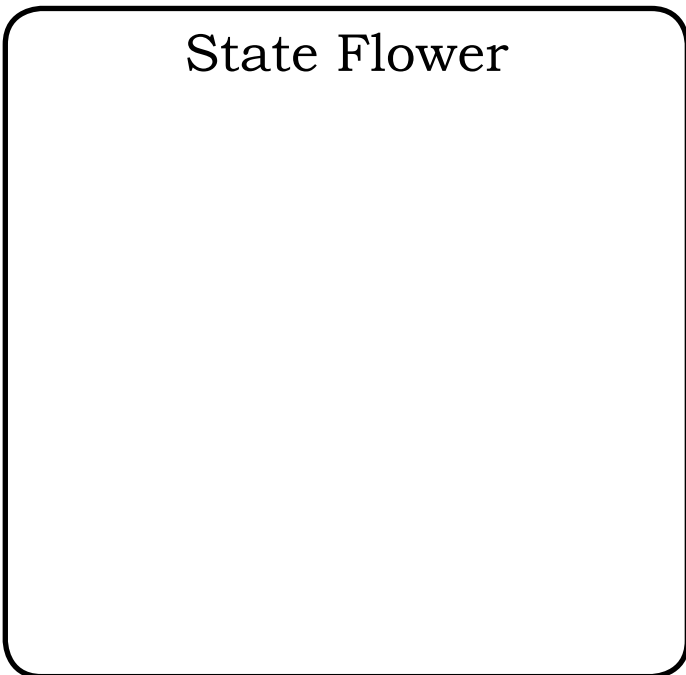
State Seal



State Bird



State Flower





State Motto

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State Flag

State Capital

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State Abbreviation

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State Nickname

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State Location



Interesting Facts I Learned  
About this State

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State Motto

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State Flag

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State Abbreviation

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State Location



Interesting Facts I Learned  
About this State

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State Quarter

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State Motto

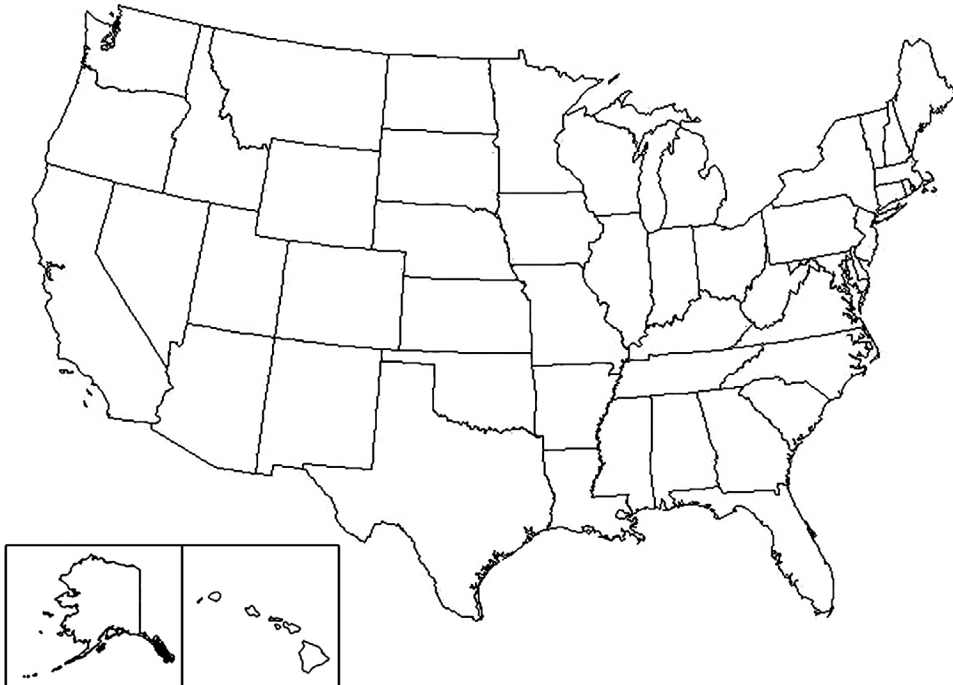
State Flag

State Capital

State Abbreviation

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State Location



Interesting Facts I Learned  
About this State

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State Quarter

State Seal

State Bird

State Flower

# The Southwest and Beyond States Quiz

Match the state with its capital city.

- |               |               |
|---------------|---------------|
| 1. Oklahoma   | Santé Fe      |
| 2. Texas      | Phoenix       |
| 3. New Mexico | Juneau        |
| 4. Arizona    | Austin        |
| 5. Alaska     | Honolulu      |
| 6. Hawaii     | Oklahoma City |

Write the state's name for the abbreviation given.

TX \_\_\_\_\_

AZ \_\_\_\_\_

HI \_\_\_\_\_

AK \_\_\_\_\_

OK \_\_\_\_\_

NM \_\_\_\_\_



Label the map with the state abbreviations.



# US State Study Final Quiz

Match the state with its capital city. Then, write the abbreviation to the left of the state name.

- |                   |            |
|-------------------|------------|
| 1. Maine          | Montpelier |
| 2. New Hampshire  | Albany     |
| 3. Vermont        | Augustus   |
| 4. New York       | Concord    |
| 5. Massachusetts  | Hartford   |
| 6. Connecticut    | Dover      |
| 7. Rhode Island   | Boston     |
| 8. New Jersey     | Harrisburg |
| 9. Pennsylvania   | Providence |
| 10. Maryland      | Trenton    |
| 11. Delaware      | Annapolis  |
| 12. Virginia      | Charleston |
| 13. West Virginia | Frankfort  |
| 14. Kentucky      | Richmond   |
| 15. Tennessee     | Raleigh    |

16. North Carolina	Columbia
17. South Carolina	Raleigh
18. Georgia	Little Rock
19. Alabama	Tallahassee
20. Mississippi	Montgomery
21. Arkansas	Atlanta
22. Louisiana	Jackson
23. Florida	Baton Rouge
24. Ohio	Columbus
25. Michigan	Lansing
26. Indiana	Indianapolis
27. Illinois	Springfield
28. Missouri	Jefferson City
29. Kansas	Topeka
30. Nebraska	Lincoln
31. Iowa	Des Moines
32. Wisconsin	Madison
33. Missouri	St. Paul

34. South Dakota	Bismarck
35. North Dakota	Pierre
36. Montana	Salem
37. Idaho	Cheyenne
38. Washington	Carson City
39. Oregon	Helena
40. California	Olympia
41. Nevada	Denver
42. Utah	Boise
43. Wyoming	Sacramento
44. Colorado	Salt Lake City
45. Oklahoma	Santé Fe
46. Texas	Phoenix
47. New Mexico	Juneau
48. Arizona	Austin
49. Alaska	Honolulu
50. Hawaii	Oklahoma City

Label the map with the state abbreviations.



Abbreviation Bank

AL	CO	HI	KS	MA	MT	NM	OK	SD	VA
AK	CT	ID	KY	MI	NE	NY	OR	TN	WA
AZ	DE	IL	LA	MN	NV	NC	PA	TX	WV
AR	FL	IN	ME	MS	NH	ND	RI	UT	WI
CA	GA	IA	MD	MO	NJ	OH	SC	VT	WY

Looking for a science curriculum? Then, check out:



## elemental science

Planning and organizing homeschool science curriculum can be overwhelming!

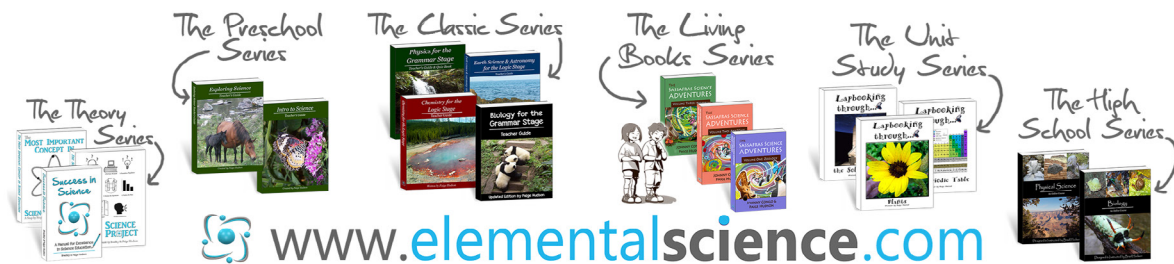
- ? What should you cover?
- ? When should you teach those concepts?
- ? How should you go about teaching them?

Imagine having an easy to use teacher guide at your fingertips. Picture the coordinating student materials already prepared, sitting on the desk before you. You sigh and relax, knowing you can have confidence in those plans because an author with a background in the sciences wrote them.

At Elemental Science, we provide materials that vision a reality! We offer several series of distinct homeschool science programs which feature:

- 📖 Weekly hands-on experiments,
- 📖 Reading selections from captivating books,
- 📖 Thought-provoking notebooking assignments,
- 📖 And a virtual buffet of activities!

Our passion is to give a variety of homeschoolers the tools they need to share the wonders of science with their students.



We offer programs in the following series:

- 📖 **The Theory Series** — The books in this series are designed to provide teachers with an understanding of how to teach science.
- 📖 **The Living Books Series** — Follow the Sassafras twins as they zip around the world to learn all about science. This series is homeschool science curriculum like you've never seen before!
- 📖 **The Classic Series** — These programs have been touted as “classical science made easy”. They explore the fields of science through experiments and encyclopedias.
- 📖 **The Preschool Series** — This series provides hands-on preschool science curriculum for the youngest members of your classroom.
- 📖 **The Unit Study Series** — The science lapbooks of this series provide a more focused approach homeschool science education.